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POWER BEYOND DISABILITY

Entrepreneurs without borders

**SUMMARY PRESENTATION OF THE BOOK
BY THE PUBLISHER**



Collection

«Leadership & Société »

1. SPIRIT OF THE BOOK

It is common to think that disability is synonymous with fatality, a condition that condemns individuals to vulnerability in a world often perceived as ruthless. However, this view is reductive and does not do justice to the reality of people living with disabilities. In truth, disability is not a fatality but rather a challenge to overcome.

True disability often lies in the mind. A person may have all their senses fully intact, but if they fail to see the opportunities around them, they limit themselves. Conversely, those living with disabilities can develop exceptional resilience and creativity, enabling them to transform their challenges into strengths.

This book highlights inspiring stories of entrepreneurs who, despite their disabilities, have succeeded in building thriving businesses. These individuals have not let obstacles defeat them but have instead used their experiences to innovate and make positive contributions to society.

The book does not merely analyze disability from a societal perspective. It also reveals the secrets of those who have transcended their limitations. These inspiring entrepreneurs have become global citizens, bringing solutions and fresh perspectives for the betterment of humanity.

«Power beyond disability» lies in the ability to see beyond difficulties, embrace opportunities, and turn challenges into successes. Together, we can change our perception of disability and celebrate the strength and resilience of those who, despite obstacles, continue to inspire the world.

Coach Samuel Beni

2. STATEMENT OF THOUGHT

“Power beyond disability” is a book distinguished by its exceptional character, the fruit of an accumulation of experiences that seek to give meaning to existence, despite physical or psychological limitations and socio-cultural barriers.

For centuries, disability has been perceived as inevitable. People living with a disability, often referred to by various terms such as people with disabilities or people with a disability, are frequently seen as the most fragile in a world dominated by the law of the strongest. This ever-present negative perception raises profound questions about our understanding of human worth.

It is edifying to note that in rural African societies, the individual is integrated into a network of human, social and family relationships. In these contexts, the distinction between the disabled and the non-disabled becomes blurred. Collective integration is the norm, and individuals are valued for their contribution to the community, regardless of their limitations.

By contrast, in modern societies, disability is often highlighted. Urban populations, who consider themselves “civilized”, sometimes seem unaware that the term “handicap” comes from the English “hand in cap”, an expression that evokes compensation for unequal sharing. This understanding of disability as a form of social disadvantage reinforces discrimination against those who live with limitations.

It is crucial to recognize that those who live with a disability are often less valued than their fellow citizens without a disability. This reality transforms disability into a factor of social discrimination, and ultimately, into a humanitarian problem.

«Power beyond disability” invites us to rethink our perception of disability, and to value each individual for his or her unique contribution to society. In this way, we can work towards a world where every person, whatever their condition, is recognized and respected.

This book is a tool for reflection on crucial issues concerning the inclusion and valorization of every individual, regardless of their condition. In a world where over a billion people live with a disability (1/6 of the world population), it is imperative to recognize the challenges they face. These challenges include often precarious health, limited access to education and alarming poverty rates.

It's essential that people get this truth into their heads: disability should not be seen as inevitable! Indeed, it does not define human nature, but rather represents a social situation. The real handicap often lies in the mind. A person can have physical limitations yet possess remarkable mental strength. Conversely, someone with no physical limitations may feel trapped by their own thoughts and fail to see the opportunities that surround them.

This diversity of experience highlights the importance of the perception of disability. On the one hand, we have a charitable and medical vision, which focuses on limitations. On the other, a social approach, based on human rights, emphasizes the need to create an inclusive environment where every individual can flourish.

However, we have the power to work towards a more inclusive and equitable world. It's time to change our perception in favor of an inclusive approach. By removing barriers, we can enable everyone to reach their full potential.

By valuing everyone, whatever their condition, we can build a society where everyone has a place. The book "Power beyond disability" reminds us that inclusion is not only a right, but also an asset for our society.

What's more, this book is an inspiring exploration of the journeys of those who have transcended their disabilities to become remarkable entrepreneurs. Through its pages, we discover brilliant minds who, despite physical challenges, demonstrate a sharpness of mind and an unwavering passion for the good of humanity.

The captivating stories you'll find here illustrate how these individuals have turned their limitations into strengths. They remind us that the real handicap often lies in how we perceive ourselves. Indeed, those who see themselves as incapable are often the ones who deny themselves their potential.

This book doesn't just encourage those living with a disability. It is also aimed at all those who, without being aware of it, may feel limited in their daily lives. The aim is clear: to enable everyone to discover their true potential, to free themselves from mental shackles and to flourish in the fields of entrepreneurship and leadership.

I invite you to approach this reading with an open mind, both meditative and pragmatic. Whether you're an entrepreneur, a leader or simply looking for inspiration, living with a disability or not, this book will provide you with the keys to overcoming obstacles and realizing your ambitions. Because real limits are only illusions in which we lock ourselves.

Coach Samuel Beni

3. CONTENTS OF THE BOOK

Part One: DISABILITY IS NOT A FATALITY

In this first chapter, readers explore the notion of disability and its various dimensions. It begins by defining disability. It is a limitation or incapacity that can affect a person in his or her daily activities. Disability is not limited to a single category, but takes several forms. The text distinguishes between motor disability, which concerns difficulties in movement; sensory disability, affecting senses such as sight or hearing; cognitive disability, which affects intellectual capacities; psychic disability, linked to mental disorders, as well as polyhandicap, which combines several of these limitations; and finally, mental disability. He also explains the different approaches to disability. The philanthropic approach focuses on help and support, while the medical approach aims to treat and care for the disabled. The social approach focuses on integration and accessibility, while the human rights approach emphasizes respect and dignity for people with disabilities. The invisible disability approach addresses limitations that are not apparent, but which have a profound impact on people's lives.

The chapter also looks at the rights of people living with disabilities. At international level, conventions and treaties have been drawn up to guarantee their fundamental rights. In DR Congo, efforts are also being made to improve the situation of disabled people, although challenges remain.

Part Two: THE REAL DISABILITY IS MENTAL

The second chapter of the book explains how mentality plays a crucial role in our perception of disability and personal and socio-professional fulfillment.

Indeed, it's all a question of mentality. Our state of mind influences not only the way we see the world, but also our ability to overcome obstacles. A positive mindset can turn challenges into opportunities.

The chapter also explains the notion of the mental computer. Our brain, with its mysteries yet to be unraveled, is a powerful tool. Understanding how it works can help us better manage our emotions and develop our potential.

Self-esteem and self-confidence are fundamental pillars of assertiveness. Good self-esteem enables us to value ourselves, while appropriate self-confidence helps us to take initiative. Both are essential to our mental well-being, our success at work and our interpersonal relationships. By cultivating self-confidence and self-esteem, we can improve our quality of life and that of others.

The chapter concludes with practical advice. It is crucial to promote the inclusion and fulfillment of people living with disabilities. This requires active citizenship and innovation in the workplace. Work, far from being a mere means of subsistence, must be a quest for meaning and fulfillment.

From this perspective, a life without disability is possible, and it starts with a change of mentality. This change of mentality will enable us to create an environment where everyone has the opportunity to achieve their full potential.

Part Three: THEY OVERCOME THEIR DISABILITY

The third chapter of the book looks at resilience in the face of disability. Readers are led to explore how some people have overcome their challenges and transformed their lives through faith, resilience and alternative communication.

Particular emphasis is placed on the power of faith. Faith can be a powerful driving force that pushes individuals to stand up and move forward, even in the most difficult of times. The text attempts to examine the foundations of this faith that enable it to convey real power, and how it can inspire concrete action.

Next, the notion of the “school of resilience” is developed. What is a resilient person? This concept is clearly defined, and strategies for developing this quality are given. Resilience is not only innate, it can be cultivated. Readers will see how resilience can be perceived differently in different contexts and by different individuals.

Along with resilience, alternative communication is addressed. At this level, sign languages play a crucial role in the inclusion of people with disabilities. This is a fundamental aspect of guaranteeing the rights of disabled people.

Through vivid examples, this chapter shows that every individual has the potential to overcome his or her obstacles and lead a fulfilling life.

Part Four: THESE ENTREPRENEURS WITH NO LIMITS

These limitless entrepreneurs, whether artists, businessmen, humanitarian leaders, scientists or politicians, remind us that passion and determination can lead to extraordinary achievements.

This chapter explores the different spheres in which these exceptional individuals distinguish themselves, starting with the artistic and sporting spheres.

In the arts, innovative creators push back the frontiers of creativity. They transform ideas into works of art that inspire and move. Similarly, in sport, athletes overcome unimaginable challenges, illustrating the determination and passion that drive them.

Moving on to the business world, readers will discover daring entrepreneurs who are redefining the norm. Their vision and ability to innovate enable them to create successful businesses, while positively influencing their environment.

The religious and humanitarian spheres are also rich in examples of no-holds-barred entrepreneurs. Charismatic leaders and philanthropists work for the well-being of mankind, bringing about significant changes in the lives of disadvantaged people.

In the field of science and technology, iconic figures such as Stephen Hawking have demonstrated that physical limitations need not stand in the way of the quest for knowledge.

Their work has opened up new perspectives and inspired generations of researchers.

Finally, in the political sphere, visionaries are committed to transforming their society. They champion just causes and work tirelessly to bring about lasting change.

Part Five: CITIZENS OF THE WORLD!

In this chapter, which brings together the notion of disability and that of citizenship, readers discover how disability has not only influenced the lives of individuals, but also transformed society as a whole.

First of all, it is crucial to understand that disability should not be seen as a limitation, but rather as a reality that enriches our diversity. Citizenship implies equal rights and duties, and this includes people with disabilities. Regardless of their abilities, citizens have the right to participate fully in social, economic and cultural life.

Yet many people living with disabilities have become citizens of the world through their exceptional contributions to the common good.

With this in mind, the chapter looks at the innovations and adaptations that have emerged as a result of taking into account the needs of people with disabilities. For example, typing has revolutionized the way we communicate, enabling everyone to express their ideas without barriers. Similarly, the rise of text messaging has facilitated exchanges, making communication more accessible.

We can't ignore the impact of modern technologies, such as audio books and podcasts, which have opened up new avenues for learning and entertainment. These tools enable everyone, including people with reading difficulties, to be informed and entertained.

Cooking, another area transformed by inclusivity, illustrates how adaptations can enrich our culinary culture. Accessible recipes and adapted techniques enable everyone to participate in meal preparation, promoting sharing and conviviality.

In conclusion, disability has not only transformed the world, it has also strengthened our commitment to a more inclusive society. By recognizing and valuing the contributions of all citizens, we are building a future where everyone has a place.

Coach Samuel Beni

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